



Two-Week Externship in:  
**Systemic Family Therapy**  
August 9 to 20, 2021

**\*\*POSTPONED UNTIL 2022\*\***

with Karl Tomm, MD, and staff at the  
Calgary Family Therapy Centre

In Calgary, Alberta, Canada

This externship training course offers in-depth exposure to post-modern systemic family therapy as practiced at the **Calgary Family Therapy Centre** (which is affiliated with the University of Calgary). Ten full days of learning will be provided with theoretical explorations in the mornings and observation of clinical interviews in the afternoons. Externs will be invited to participate as members of reflecting teams for the live interviews.

Content material will include: 1. Contrasting assumptions about the nature of human problems that guide therapeutic initiatives, 2. The IPscope assessment framework (Pathologizing Interpersonal Patterns vs. Healing Interpersonal Patterns), 3. The original Interventive Interviewing framework, 4. The expanded version of Interventive Interviewing, 5. Reflexive Questioning, 6. Alternative Ethical Postures, 7. Different 'ways of knowing' (with a focus on Maturana's theory of knowledge), 8. Community-minded family therapy, 9. The impact of Societal Discourses in the lives of families, 10. Internalized Other Interviewing, 11. Co-constructing Hope and Responsibility, 12. Deconstructing Shame and Guilt, 13. Opening space for Apology and Forgiveness, 14. Supervision Methods, 15. Research As Daily Practice, 16. Clinical Teamwork, 17. Integrating Narrative, Collaborative Language Systems, Solution Focused, and Systemic ideas and practices.

Learning methods will include detailed presentations using power point slides, pre-session clinical discussion, observation of live interviews, reflecting team participation, post-session discussion, individual and group exercises, interviewing practice, optional simulation interview, possible review of interview recordings, and open discussion.

## About the Calgary Family Therapy Centre:

The CFTC was initiated in the Department of Psychiatry at the University of Calgary by Dr. Tomm in 1973. It continues to serve the Calgary community as a multidisciplinary outpatient treatment program and provides specialized services in systemic therapy for families with children and adolescent who present with behavioral or emotional problems. Approximately 300 families are seen per year, including a wide range of types of family situations and presenting concerns. These clinical services provide a rich base for training graduate students in skills for therapeutic interviewing. The Centre also offers ongoing teaching and serves as a base for conceptual research in family therapy. It is supported by excellent physical facilities including multiple interviewing rooms equipped with one-way mirrors, telephone intercom, and remote-controlled cameras for recording.

The orientation of the Centre, in terms of theoretical framework and methods of practice, has changed several times over its 45+ years. Staff members at the Centre have been at the leading edge of new developments in the field of family therapy for many years and have continuously been involved in exploring, developing, and applying innovative patterns of therapeutic thought and action.

The Centre is located in Calgary, a vibrant Western Canadian city. It is only one hour by car from the Canadian Rocky Mountains and Banff National Park which offer world class hiking, camping, climbing, and sight-seeing.

### Application requirements

1. Experience as a therapist at the masters or doctoral level
2. Current curriculum vitae or resume
3. Letter outlining interests in family therapy and intent to utilize training in current or anticipated work settings

Fee: \$1500 CAD (including tax)

Number of participants: Maximum 15

**Applications will be processed as received; early application is advised**

Inquiries and applications should be sent to:

Externship Coordinator  
Calgary Family Therapy Centre  
600, 1816 Crowchild Trail NW  
Calgary, Alberta, Canada T2M 3Y7  
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